

Nancy Boren workshop 2017

Paint (my expertise is in oil, but you are welcome to use whatever media you want) Suggested colors:

White — Titanium or zinc or a combo
Indian Yellow or Rembrandt Transparent Yellow Medium
Cadmium yellow light
Cadmium yellow deep
Yellow Ochre
Cadmium orange
Cadmium red light
Burnt Sienna
Rembrandt Transparent Oxide Brown or Asphaltum
Permanent Alizarin
Ivory Black
Ultramarine Blue
Cobalt
Manganese blue
Viridian
Olive Green

Students are free to use a limited palette and are encouraged to do so if they would like to gain expertise in that area. A limited palette will allow you to concentrate on form and gesture, which will be the focus. Suggested choices: 1) Zorn palette: white, ivory black, cad red light, yellow ochre. 2) white, transparent oxide red, ultramarine blue (the whole workshop can be painted with these 3 colors)

Solvent Gamsol or Odorless Mineral Spirits

Board or canvas I prefer oil-primed linen glued to a board. Gamblin Oil Ground also makes a fine surface (a good way to re-use a board: sand down the brushstrokes of previous painting and follow directions on can. Needs a week to dry.) Gessoed boards do not let the paint slide around as easily, but you can use them if you want to. 16 x 20 (which can be divided into four 8 x 10s, all done on the same board; we will be working quickly so small is better) or 8 x 10 or 9 x 12 or 11 x 14. Enough for 8 paintings.

Paper towel Any brand

Brushes Bristle brushes, different sizes, I like flats. Soft brushes for softening edges like Rosemary Masters Choice Long Flat Series 129, different sizes